

Week 5 Spring/ Summer

Monday 9/14/2026	Tuesday 9/15/2026	Wednesday 9/16/2026	Thursday 9/17/2026	Friday 9/18/2026	Saturday 9/19/2026
Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
Choice of Hot or Cold Cereal Bacon and Cheese Omelet Toast Butter/Jelly Seasonal Fruit Cup	Choice of Hot or Cold Cereal Pancakes Butter/Syrup Ham, Bacon, or Sausage Seasonal Fruit Cup	Choice of Hot or Cold Cereal Cinnamon French Toast Butter/Syrup Scrambled Eggs Seasonal Fruit Cup	Choice of Hot or Cold Cereal Denver Scramble Toast Butter/Jelly Seasonal Fruit Cup	Choice of Hot or Cold Cereal French Waffles Butter/Syrup Ham, Bacon, or Sausage Seasonal Fruit Cup	Choice of Hot or Cold Cereal Cheesy Eggs Toast Butter/Jelly Seasonal Fruit Cup
Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
Cream of Tomato Soup Herb Rubbed Turkey Breast Nut Barley Bake Roasted Fresh Beets Bread or Roll with Butter *****ALTERNATE***** Seafood Salad Croissant Cucumber Salad Bread Pudding	Chicken and Rice Soup Beef Stroganoff Egg Noodles Green Peas with Sautéed Onions *****ALTERNATE***** Grilled Chicken Salad with Mandarin Oranges Bread or Roll with Butter Fruit Cobbler	Vichyssoise Hearty Bean and Vegetable Chili Tossed Green Salad with Dressing Cornbread with Butter *****ALTERNATE***** Deli Roast Beef Sandwich Tri Color Pasta Salad Peanut Butter Pie	Garden Vegetable Soup Gnocchi with Shrimp Sautéed Broccoli Spears Bread/ Butter *****ALTERNATE***** Pesto Turkey Panini Sweet Potato Fries Sweet and Tangy Fresh Fruit Cup	New England Clam Chowder Panko Crusted Chicken Oven Roasted Potatoes Whole Green Beans Bread/ Butter *****ALTERNATE***** Blackened Salmon Caesar Salad Cranberry Swirl Cake	Italian Wedding Soup Cheese Ravioli Florentine Greek Salad Garlic Breadstick *****ALTERNATE***** Asian Steak Salad with Dressing Bread or Roll with Margarine Orange Pineapple Ambrosia
Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
Cream of Tomato Soup Caesar Brussels Sprouts Salad w/Almonds Three Cheese Penne Bake Parslief Fresh Cauliflower Garlic Bread *****ALTERNATE***** Bourbon Apricot Glazed Meatloaf Yukon Gold Mashed Potatoes Haricot Verts Bread or Roll with Butter Raspberry Blackout Bar	Chicken and Rice Soup Yellow Bean and Rapini Salad Bacon Wrapped Pork Tenderloin Rosemary Sweet Potatoes Seasoned Fresh Yellow Squash *****ALTERNATE***** Cajun Baked Fish Red Beans and Rice Mustard Greens Bread or Roll with Butter Cinnamon Roll Blondie	Vichyssoise Crunchy Bacon Coleslaw BBQ Chicken Quarters Buttered Corn on the Cob Chopped Spinach *****ALTERNATE***** Tomato Braised Pot Roast Boiled White Potatoes Rainbow Carrots Bread or Roll with Butter Layered Banana Pudding	Garden Vegetable Soup Chopped Mixed Spinach Salad Fish of the Day Wild Mushroom Stuffing Asparagus Tips *****ALTERNATE***** Garlic Lamb Chop Herbed Couscous Grilled Fresh Vegetables Bread or Roll with Butter Iced Oatmeal Cake	New England Clam Chowder Roasted Edamame Salad Baked Country Ribs with Sauerkraut Baked Beans Swiss Chard Bread or Roll with Butter *****ALTERNATE***** Green Chile Cheese Enchiladas Mexican Flag Garnish Plate Cilantro Rice Squash Boston Cream Pie	Italian Wedding Soup Radicchio Salad Breaded Baked Haddock Spring Green Risotto Succotash *****ALTERNATE***** Artichoke Chicken Red Bliss Potatoes Grilled Zucchini Batonet Bread or Roll with Butter Strawberry Lemonade Bar

Dietitian: Jon Williams Registered Dietitian

Jon Williams RD

approved 8/28/2026